City of Covington Drug & Alcohol Free Workplace Policy July 21, 2010

1. POLICY - PURPOSE AND GOALS

Being aware of the costs, in human terms, of the abuse of alcohol, illicit substances, and illegal drugs; and realizing the costs, both actual and potential in monetary terms, of the abuse of alcohol, illicit substances and illegal drugs in the workplace; the City of Covington Kentucky (the City) is committed to protecting the safety, health and well being of all employees of the City and other individuals who make use of the City's facilities. Likewise, the City is committed to ensuring that its facilities provide a safe and healthy environment for the conduct of City business for all of the citizenry of the City of Covington additionally the City wishes to accomplish the following with the establishment of this policy:

- As a recipient of Federal Funds, to comply with the Drug Free Workplace Act of 1988 (PL100-690. Title V, Schedule D).
- To inform employees that testing for controlled substances and alcohol is required as a condition of employment with the City of Covington.
- To comply with Federal Department of Transportation regulations regarding employees holding Commercial Drivers Licenses (CDL).
- To reduce the number of accidents and injuries to persons and property.
- To reduce absenteeism and tardiness, and to increase the productivity of all employees of the City.
- To help ensure the reputation of the City and its employees throughout the community.
- To provide leadership in helping to stem the tide of the abuse of alcohol, illicit substances and illegal drugs throughout our community and the Commonwealth of Kentucky as a whole.

It is with these goals in mind that the City issues this policy, declaring itself a **Drug and Alcohol Free Workplace** and hereby issues these accompanying rules regarding drug and alcohol use in the workplace for the City of Covington.

If any conflict exists between this policy and the FOP, AFSCME, and IAFF Local 38 bargaining agreements as it relates to discipline, suspension without pay, or termination the collective bargaining agreements and/or state law shall control.

Fire and police personnel functioning within the scope of their assigned duties shall be considered exempt in the prohibition of "possession" and "transportation" as deemed necessary for the discharge of their official duties.

The parties acknowledge that the unions' participation in this policy does not waive their right to grieve the Application of the policy as outlined in each respective bargaining agreement.

The City is responsible for all costs related to drug and alcohol testing and employee time unless otherwise specified herein.

2. **DEFINITIONS**

<u>Accident</u> – an unexpected and undesirable event resulting in damage or harm. For the purposes of this policy, the resulting damage or harm may constitute an injury which requires off-site medical attention be given to a person or damage to a vehicle or other property.

<u>Alcohol</u> –means any intoxicating liquid in beverage alcohol, ethyl alcohol, or other low molecular weight alcohols, including methyl or isopropyl alcohol. This includes over-the-counter and prescribed medications which contain more than one-half (1/2) of one percent (1%) of alcohol by volume that would create a registered alcohol level of .02.

<u>Alcohol Testing</u> - the testing for alcohol content by an Evidential Breath-Testing Device (EBT) or other Department of Transportation (DOT) approved device. DOT approved devices and procedures will also be used for non-DOT alcohol tests

Drug – means a controlled substance as defined in KRS.

- 1. Amphetamines
- 2. Cannabanoids (THC)
- 3. Cocaine
- 4. Opiates
- 5. Phencyclidine (PCP)
- 6. Benzodiazepines
- 7. Proproxyphene
- 8. Methaqualone
- 9. Methadone
- 10. Barbiturates
- 11. Synthetic Narcotics

Drug Free Workplace – means the unlawful manufacture, distribution, dispensation, possession, or use of alcohol or a controlled or illicit substance is prohibited in the workplace.

<u>Drug or Alcohol Rehabilitation Program</u> – means a service provider that provides confidential, timely, and expert identification, assessment, treatment and resolution of employee drug or alcohol abuse.

<u>Drug Test or Test</u> – means a chemical, biological, or physical instrumental analysis administered by a qualified laboratory, for the purpose of determining the presence or absence of a drug or its metabolites or alcohol pursuant to standards, procedures, and protocols established by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA).

Employee Assistance Program (EAP) – means an established program providing:

- 1. Professional assessment of employee personal concerns.
- 2. Confidential and timely services to identify employee alcohol or drug

3. Referrals of employees with alcohol or drug abuse issues for appropriate diagnosis, treatment, and assistance.

4. Follow-up services for employees who participate in a drug or alcohol rehabilitation program and are recommended for monitoring after returning to work.

<u>Heightened Safety Awareness Level (HSAL)</u> – those positions involving special, dangerous and skilled activities and those that would involve exceptional duty to community citizens in the area of public safety. These positions are often referred to as "Safety Sensitive" positions.

<u>Illicit Substance</u> – means those prescription drugs used illegally or in excess of therapeutic levels as well as illegal drugs.

<u>Medical Review Officer (MRO)</u> – means a licensed physician with knowledge of substance abuse disorders, laboratory testing, and chain of custody collection procedures, and who has the ability to verify positive, confirmed test results. The MRO shall posses the necessary medical training to interpret and evaluate a positive test result in relation to the person's medical history or any other relevant biomedical information. Determinations concerning the use of alcohol or a controlled or illicit substance shall comply with all procedures outlined in the U. S. Department of Health and Human Services (SAMHSA)"Medical Review Officer Manual for Federal Drug Testing Programs".

On-Call "Paid" - means you are being paid to be on-call. If you are unable to report when called due to impairment because of alcohol or other substance, you will be subject to the drug and alcohol testing.

On-Call "Unpaid" – means you are not being paid to be on-call. If you are unable to report when called due to impairment because of alcohol or other substance, you will not be subject to drug and alcohol testing if you do not report to work.

Pay related to a specific job or duty assignment is not considered "paid" on-call.

<u>Qualified Laboratory</u> – means a laboratory certified in accordance with the National Laboratory Certification Program (NLCP) by the United States Department of Health and Human Services' Substance Abuse and Mental Health Services Administration (SAMHSA).

<u>Reasonable Suspicion</u> – as used in this policy, the term reasonable suspicion means, a belief that an employee is using or has used drugs or alcohol in violation of this policy, drawn from specific, objective and articulate facts and reasonable inferences drawn from those facts in light of experience, training, or education.

<u>Refusal to Submit</u> – means the failure to provide adequate breath for testing without a valid medical explanation after the employee has received notice of the requirement for breath testing; or, the failure to provide adequate urine for controlled substances testing without a valid medical explanation after the employee receives notice of the requirement of urine testing; and/or engaging in conduct that clearly obstructs the testing process.

<u>Substance Abuse Professional</u> – A licensed or certified psychologist, social worker, employee assistance professional or addiction counselor with knowledge of and clinical experience in the diagnosis and treatment of alcohol and controlled substance-related disorders.

Volatile Substance – means any glue, cement, paint or other substance as described in KRS 217.900(1)

3. APPLICABILITY

This policy applies during all regularly scheduled working hours, paid overtime hours, and paid on-call., while performing work on behalf of the City. The policy applies to all City employees with special provisions designated to those employees identified as having responsibilities requiring a Heightened Safety Awareness Level (HSAL). Those positions identified as requiring a heightened safety awareness level include but may not be limited to:

- Sworn police officers
- Park Rangers
- Evidence Technicians
- Cadets
- School Crossing Guards
- Emergency dispatchers & dispatch supervisors
- Fire Chief
- Assistant Fire Chief
- Battalion Chief
- EMS Director
- Engineer
- Lieutenant
- Captain
- Firefighters
- Paramedics
- Animal Warden
- Traffic Technician
- Cement Mason
- Heavy Equipment Operator
- Light Equipment Operator
- Driver
- Laborer
- Technician
- Maintenance Tech
- Division Supervisors/Managers
- Seasonal Laborers
- Personnel driving CDL regulated vehicles
- Employees who supervise children and child related activities.
- Life guards
- Pool Staff
- Heavy equipment operators

3.1 The positions identified above as having a Heightened Safety Awareness Level include but are not limited to those regulated under 49 CFR Part 40. While this program includes those federally mandated employees, this Drug and Alcohol-Free Workplace Policy is not intended to replace and shall be separate from any Drug and Alcohol-Free Workplace Policy previously adopted and implemented by the City which may have included only federally regulated employees.

4. POLICY REQUIREMENTS

4.1 Training

The City of Covington shall conduct substance abuse awareness training for <u>all</u> employees. This substance abuse awareness training shall consist of the following minimum requirements:

- <u>Upon a conditional offer of employment</u> with the City of Covington, each applicant shall be provided a copy of and will be asked to read the City's Drug & Alcohol-Free Workplace policy. All <u>existing employees</u> will also be asked to read and sign the <u>Certification of Acknowledgement Drug & Alcohol-Free Workplace Policies and Procedures Form (Appendix A)</u>
- <u>Initial training</u> shall consist of <u>at least 1-hour</u> for all employees.
- <u>Annual refresher training</u> shall be conducted for all employees in substance abuse awareness and shall consist of no less than thirty- (30) minutes.
- All alcohol and substance abuse awareness training will include, at a minimum, information concerning:
 - 1. Alcohol and drug testing policy and procedures;
 - 2. The effects of alcohol and drug use on an individual's health, work and personal life;
 - 3. The disease of alcohol or drug addiction;
 - 4. Signs & symptoms of an alcohol and drug problem;
 - 5. The role of co-workers and supervisors in addressing alcohol or substance abuse; and
 - 6. Referrals to an employee assistance program.
- <u>Supervisory personnel</u>, in addition to all of the above training shall receive an additional <u>thirty (30)</u> <u>minutes each year</u> of alcohol and substance abuse education and awareness training. This additional supervisory training will be documented using, the Supervisor Training Certification Certificate (*Appendix B*). This additional supervisory training shall consist of at least the following:
 - 1. Recognizing the signs of alcohol and substance abuse in the workplace.
 - 2. How to document signs of employee alcohol or substance abuse.
 - 3. How to refer employees to an employee assistance program or other alcohol and substance abuse treatment program; and
 - 4. Legal and practical aspects of reasonable suspicion testing for the presence of drugs and alcohol.

DRUG AND ALCOHOL TESTING

The City of Covington currently uses St. Elizabeth Business Health Center, located at 200 Medical Village Drive Edgewood, Kentucky, M-Th 7:30am – 6pm, Friday 8am-5pm and Saturday 7:30am – 12:30pm or 1500 James Simpson Jr. Way in Covington, Monday through Saturday, 6am-7pm, and when these locations are closed we can use St. Elizabeth Emergency room or an Onsite Drug and Alcohol Collection Services which operates 24/7-365 for the collection of urine.

samples in the case of testing for controlled substances, and for the administration of breathalyzer tests for alcohol concentration. St. Elizabeth Business Health Center is also the City's third-party administrator of choice for the random selection category of testing. Employees are selected by St. Elizabeth Business Health Center using a statistically valid method of selection of specific employee codes. This random testing will be reasonably spaced over a twelve (12) month period. Because of the random nature of the selection process, any employee may be tested more than once, or not at all. All urine samples are forwarded for analyzation to MedTox Laboratories, Inc., St. Paul, Minnesota which is a laboratory approved by the National Laboratory Certification Program (NLCP) under the United States Department of Health and Mental Services Substance Abuse and Mental Health Services Administration (SAMHSA).

The City shall administer alcohol and drug tests in circumstances which include but may not be limited to the following:

- **4.2(a)** Reasonable Suspicion Testing A reasonable suspicion test shall be based on a belief that an employee is using or has used drugs or alcohol in violation of this policy, drawn from specific objective and articulate facts and reasonable inferences drawn from those facts in light of experience, training or education. The reasonable suspicion testing shall be based upon:
 - a) While at work, direct observation of drug or alcohol use or of the physical symptoms or manifestations of being under the influence of a drug or alcohol;
 - b) While at work, abnormal conduct, erratic behavior, or a significant deterioration in work performance;
 - c) A report of drug or alcohol use provided by a reliable and credible source;
 - d) Evidence that an individual has tampered with a drug or alcohol test during employment with the City;
 - e) Evidence that an employee has caused, contributed to, or been involved in an accident while at work;
 - f) Evidence that an employee has used, possessed, sold, solicited, or transferred illegal or illicit drugs or used alcohol while on the City's premises or while operating the City's vehicle, machinery or equipment.

The Risk Manager shall be notified immediately of any indication of reasonable suspicion. Both the observing department supervisor and the Risk Manager or his/her representative (if available) will review the policies and procedures herein and if necessary make arrangements with a testing facility of the City's choosing to conduct reasonable suspicion drug and/or alcohol testing as soon as possible. If the Risk Manager is not available, the observing supervisor shall obtain the assistance of another City supervisor or other credible and reliable source and together they shall complete the *Reasonable Suspicion Observation Form (Appendix C)*, and forward it to the Risk Manager. If after completing the form it is determined that there is, in fact, reasonable suspicion that the employee is under the influence of drugs and/or alcohol, the observing supervisor or his/her designee will notify the employee and accompany him/her to the testing site.

notified that he/she will be tested. The observing supervisor and/or designee shall remain at the testing site with the employee being tested, until the collection process is completed. Any employee who is tested for reasonable suspicion shall be placed on leave with pay until the results of the test are known. After submitting to the drug/alcohol test, the employee may not return to work until the results of the test are known and only then if the results are negative. The employee's supervisor shall order a reasonable suspicion test.

4.2(b) Pre-Employment Testing — Breath alcohol and urine drug testing shall be required of all new hire applicants after their receipt of a conditional offer of employment. After receiving the conditional offer of employment, applicants will have 48-hours in which to submit to testing at a testing facility of the City's choosing. The City of Covington requires that every newly hired employee test free of controlled substances and have a breath alcohol concentration of not more than 0.02.

Each offer of employment by the City shall be conditional upon passing controlled substance and alcohol tests. Refusal by any applicant for employment to take the controlled substance test will result in the conditional offer of employment being withdrawn. All testing under this policy will be in accordance with Testing Protocols described elsewhere in this policy.

- a) An applicant with a confirmed positive test for controlled substances and/or alcohol in a concentration of 0.02 or greater, which is not legitimately explained to and accepted by a Medical Review Officer of the City's choosing, will not be considered for employment.
- b) Any applicant who fails a controlled substance test may not be considered for future employment with the City.
- c) Any applicant who refuses to take a controlled substance test will be disqualified from future consideration for employment.
- d) Any applicant who tampers with, or attempts to tamper with, a urine specimen in any manner shall be disqualified from current and future consideration of employment with the City.
- e) An applicant whose positive test is confirmed and upheld by the Medical Review Officer (MRO) may request that the same sample be retested at his/her own expense at a City approved laboratory.

Individuals undergoing pre-employment testing shall not begin official employment with the City until after all test results are received and shown to be negative. Upon receipt of the test result, positive or negative, the Risk Manager shall inform the appropriate Department Head of the results.

4.2(c) Random Testing – Employees in a High Safety Awareness Level (HSAL) position will be required to participate in a statistically valid, unannounced random selection process, which will subject them to mandatory drug and/or alcohol testing. This category of testing will consist of random tests for alcohol at a rate of no more than five percent (5%) for non-federally regulated HSAL positions. Positions, in which a Commercial Drivers License (CDL) is required, must also be tested at a rate of ten percent (10%) for alcohol

federally regulated HSAL positions will be tested at a rate of no more than ten percent (10%) annually with the exception of positions in which a CDL is required, must be tested at a rate fifty percent (50%) annually to satisfy DOT requirements. All employees in federally regulated HSAL positions shall be selected from a pool that is separate from the random selection pool for other non-federally regulated HSAL positions.

The City shall utilize a third party to conduct the random selection of HSAL employees, including employees holding a CDL, to be tested. This random testing shall be unannounced and will take place throughout each calendar year. HSAL employees are selected by a third party using a statistically valid, random method of selection using specific employee codes. Because of the random nature of this testing process, HSAL employees may be selected for testing more than once or not at all. Once an employee is notified that he/she has been selected for testing, the employee must proceed immediately to the testing site of the City's choosing.

Employees in non-HSAL positions will not be included in the random selection pool. However, non-HSAL employees will be subject to testing upon reasonable suspicion of possible alcohol or drug use. Procedures and protocols for reasonable suspicion testing as described elsewhere in this policy will apply in their case.

4.2(d) <u>Post Accident Testing</u> – Drug and alcohol testing will be conducted following an employee's involvement in an accident on or off the City's premises while on duty, or in the course of employment for the City, which requires off-site medical attention. An accident not requiring off site medical attention, but which results in property damage may be deemed a "qualifying event" requiring post-accident testing. Drug and alcohol testing shall be required of the employee(s) who were actively involved in the "qualifying event".

Qualifying Event Exception: Due to varying types of accident cause, all accidents categorized as a "qualifying event" may not require post-accident testing. Exceptions to the "qualifying event" for requiring post-accident drug and alcohol testing will include, but may not be limited to the following types of accidents:

- 1. Injuries whose onset is cumulative or gradual such as carpel tunnel syndrome, progressive hearing loss, mental disorders, dermatitis, respiratory diseases, skin disorders, etc.
- 2. Injuries where the employee can be completely discounted as the contributing factor (i.e. injuries caused by a third party or some other uncontrollable force or event, i.e. weather, insects, etc.)
- 3. Injuries where the employee can be completely discounted as the major contributing factor or those injuries occurring during physical fitness or a training event, in which the employee did everything within reason to avoid the injury accident, i.e. was performing training as instructed.
- 4. Vehicular accidents except when the vehicle is towed OR medical attention is required by anyone involved OR citation is issued to the employee OR the employee is arrested.

In each case, the supervisor shall determine the necessity of drug and alcohol testing and shall communicate such testing with the involved employee and the employee's respective department head. The supervisor shall coordinate all required tests with the appropriate medical facilities.

An employee involved in an accident while on an out-of-town assignment, shall notify his/her Department Head or his/her designee as soon as possible but no later than two (2) hours after the accident occurred. The Department Director or his/her designee shall notify the Risk Manager to discuss possible drug/alcohol testing requirements.

Other Qualifying Event: The employee's supervisor shall request controlled substance/alcohol testing when an employee caused or cannot be completely discounted from causing a vehicular or any other type of accident in which a safety violation occurs and death, serious bodily injury or major property damage did result or could have resulted. The employee's supervisor will be responsible for determining whether a safety violation has occurred. In each case, the supervisor shall determine the necessity of drug and alcohol testing and shall communicate such testing with the involved employee and the employee's department head. If a post accident controlled substance/alcohol test is required, a confirmed positive test result will result in immediate suspension without pay and be subject to disciplinary action, up to and including termination, subject to all pertinent state and federal employment law.

4.2(e) <u>Follow-up Testing</u> — Any employee returning to work from successful completion of an Employee Assistance Program (EAP) for drug and/or alcohol-related problems, or a drug and/or alcohol rehabilitation program, shall be required to undergo one (1) year of quarterly drug and alcohol testing. The frequency of the

follow-up testing shall consider recommendations of any involved Substance Abuse Professional (SAP) for one (1) year. All follow-up testing may be requested at any time and shall be unannounced at the employee's expense.

- **4.2(f)** Return-To Duty Testing In all cases, it shall be at the sole discretion of the City of Covington as to whether to allow an employee who has violated any provision of this policy to continue in the City's employment. In the event that an employee who has tested positive for a controlled substance(s) or for alcohol without a valid medical reason for a positive test, as confirmed by a Medical Review officer of the City's choosing, is allowed to enter a controlled substance/alcohol abuse rehabilitation program, the employee may be allowed to return to work only under the following circumstances:
 - a) The employee may resume regular duties only after the employee tests negative in an alcohol and/or controlled substance test administered by the City-approved laboratory and can provide a release to return to work from an appropriate substance abuse treatment facility or confirmation of continued and on-going participation in a City recognized substance abuse assistance program.

An employee must test negative within a reasonable period of time from receipt of the initial test results not to exceed forty-five (45) days. Any repeat occurrence of substance abuse or violation of any other aspect of the City's Drug Free Workplace Policy will result in immediate suspension without pay and be subject to disciplinary action, up to and including termination, subject to all pertinent state and federal employment law.

b) Prior to returning to work, the employee shall be required to meet with the City Risk Manager or his/her designee to receive an explanation of the terms of continued employment; and to sign a written *Treatment Plan/Return-to-Work Agreement(Appendix D)*, detailing the terms under which the employee will be allowed to return to work. Such agreement shall stipulate that the employee, at the City's request, may be required at any time, to submit to interviews and/or evaluation by the professional staff at an appropriate chemical dependency treatment facility approved by the City's Employee Assistance Program (EAP). The return-to-work agreement will also stipulate that the employee be required to submit to unannounced controlled substance and/or alcohol testing for up to twelve (12) months after resuming duties at the employee's expense.

4.3 Testing Protocol

The collection of samples and administration of drug and alcohol tests shall follow all standards, procedures and protocols set forth by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Administration (SAMHSA). Test results will be obtained by a qualified laboratory as defined elsewhere in this policy and results shall undergo a medical review as follows:

- 1) All test results shall be submitted for medical review by a Medical Review Officer (MRO) of the City's choosing, who shall consider the medical history of the employee or applicant, as well as other relevant biomedical information.
- 2) If there is a positive test result, the employee or applicant shall be given an opportunity to report to the MRO the use of any prescription or over-the-counter medication.
- 3) If the MRO determines that there is a legitimate medical explanation for a positive test result, the MRO shall certify that the test results do not indicate the unlawful use of alcohol or a controlled substance.
- 4) If the MRO determines, after appropriate review, that there is <u>not</u> a medical explanation for the positive test result other than the unauthorized use of alcohol or a prohibited drug, the MRO shall refer the individual tested to contact the Risk Manager and/or the Human Resources Director for further proceedings in accordance with the City's Drug Free Workplace Policy.

4.4 Testing Process

Any employee who has been ordered to undergo testing for drugs and/or alcohol shall receive an *Alcohol and/or Drug Test Notification Form*.

Employees shall report to the collection site of the City's choosing immediately after being provided the notification to test. In the case of reasonable suspicion testing, a supervisor or designee shall escort

the employee to the collection site. Drug testing will be conducted by urine sample while alcohol testing will be analyzed using a breath alcohol testing/screening device. Drug and alcohol analysis will be performed by a trained technician. All testing shall follow the prescribed standards, procedures and protocols set forth by the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Administration (SAMHSA).

To ensure that the test specimen is actually that of the donor, collection site staff will require positive identification of the test subject.

Alcohol

The city shall require all tests for alcohol to be performed by a Certified Breath Alcohol Technician (BAT).

Drugs

An eleven (11) panel urine test will be conducted and shall include analysis for the following substances:

- 1) Amphetamines;
- 2) Cannabanoids/THC;
- 3) Cocaine;
- 4) Opiates;
- 5) Phencyclidine (PCP)
- 6) Benzodiazepines;
- 7) Propoxyphene;
- 8) Methaqualone;
- 9) Methadone;
- 10) Barbiturates;
- 11) Synthetic Narcotics

5. PROHIBITED ACTIVITY

<u>Prohibited activities</u> involving the use of alcohol or controlled substances are listed in the following paragraphs.

5.1 Alcohol

Prohibited conduct involving the use of <u>alcohol</u> includes the following:

- The performance of or being immediately available to perform work duties while having an alcohol concentration greater than 0.02.
- The consumption of alcohol or products containing alcohol during the performance of or being immediately available to perform work responsibilities.
- In the case of HSAL employees, having in possession, alcohol or products containing alcohol during the performance of or being immediately able to perform HSAL work responsibilities. This includes the possession of medicines containing alcohol (prescription or over-the-counter) unless the seal is unbroken and/or the medication is prescribed by a licensed physician, and said physician has confirmed the necessity of the HSAL employees' said possession of the prescribed substance containing alcohol and has confirmed that the use of such substance will not deter from the employees ability to safely perform assigned HSAL responsibilities.
- The performance of or being immediately available to perform those responsibilities designated as requiring a Heightened Level of Safety Awareness within four hours after using alcohol.
- The transportation of alcoholic beverages within City owned vehicles or equipment is strictly prohibited.

- The use of alcohol for eight hours immediately following an accident requiring a post-accident alcohol test or until a post-accident test is administered, whichever occurs first.
- Refusal (which is defined elsewhere in this policy), to submit or cooperate with any of the required testing types.
- The operation of a city-owned vehicle following consumption of alcoholic beverages shall be considered a violation of this policy and shall result in disciplinary action. Alcoholic beverages in open or closed containers are strictly prohibited in city owned vehicles and equipment.
- 5.1a Employees attending any event related to their employment with the City may participate in social functions associated with the event. If alcoholic beverages are present at the social function and the employee chooses to engage in consumption of said beverage(s), he or she shall do so at their own discretion. Employees who choose to engage in the consumption of alcoholic beverages as part of work related social functions shall do so in a responsible manner, maintaining a conduct that would not reflect adversely upon the City.

Any unbecoming conduct by an employee who has chosen to consume alcohol at such conference or training program that has an adverse effect upon the City will result in immediate suspension without pay and be subject to disciplinary action up to and including termination, subject to pertinent state and federal employment law.

Alcohol includes any intoxicating agent in beverage alcohol, methyl, and isopropyl alcohol whether used for medicinal purposes or not. Many over-the-counter and prescription medications contain high percentages of alcohol.

Employees are hereby notified that they shall inform their Department Head who will then notify the City Risk Manager, of any criminal charge or traffic offense where jail time could be imposed upon conviction within five (5) days of said charge or conviction. The City of Covington shall take appropriate action within thirty (30) days.

5.2 Drugs or Controlled Substances

Prohibited conduct involving the use of drugs or controlled substances includes, but may not be limited to, the following:

• Prescription and over-the-counter drugs are not prohibited when taken in standard dosage and/or according to a physician's prescription. However, any HSAL employee taking prescribed or over-the-counter medications will, in all cases, be responsible for consulting the prescribing physician and/or pharmacist to ascertain whether the medication may interfere with safe performance of his/her HSAL job duties. Should it be determined that the medication may interfere with the safe performance of his/her HSAL job duties, the employee is required to notify their immediate supervisor and/or department head, who will then forward it to the Risk Manager as soon as possible.

If the employee has already taken the prescribed or over-the- counter medication and is unable to determine if it will interfere with the safe performance of his/her duties, the employee is responsible

to use appropriate personnel procedures (e.g., request sick time usage, a leave of absence, or a change of duty) in order to avoid unsafe workplace practices. If after taking the medication the employee does not experience any unacceptable affect on his/her ability to perform HSAL duties, the employee may return to duty.

The Risk Manager may request written medical authorization indicating that the HSAL employee may possess/use such medication. The authorization may also request verification that the medication is being used in the prescribed manner and that the employee is fit to perform his/her HSAL assigned duties.

The City reserves the right to have a designated physician of the City's choosing to determine if the prescription drug or over-the-counter medication could compromise the safety of the HSAL employee, fellow employee's or the public at large. The City's physician has the final determination as to whether the medication will have or is having an unacceptable effect on the HSAL employee's assigned duties.

All physician statements and related medical information shall be confidential and maintained in a separate medical file in the Human Resources Department. Dissemination of any medical information will be only on an as needed basis.

In such instances of temporary impediment to safe performance of regular HSAL duties, the HSAL employee may be temporarily reassigned to duties requiring a lesser safety awareness level if such duties are available.

The illegal or unauthorized use of prescription drugs is strictly prohibited. The intentional misuse and/or abuse of prescription medications are a violation of the City's Drug Free Workplace Policy. No prescription drugs shall be brought onto or consumed on City property by anyone other than the individual for whom the medication has been prescribed.

Appropriate disciplinary action, up to and including termination, will be taken if job performance deterioration and/or other accidents occur as the result of the <u>intentional misuse</u> and/or abuse of prescription medication.

5.3 Volatile Substances

The intentional misuse, manufacture, sale, distribution, dispensation, or possession of a volatile substance as defined in KRS 217.900 which includes any glue, cement, paint or other substance containing a solvent or chemical having the property of releasing toxic vapors or fumes which when intentionally inhaled may cause a condition of intoxication, inebriation, stupefaction, dulling of the brain or nervous system, or

distortion or disturbance of auditory, visual, or mental processes while at work, while on City property, or while conducting City business while off City property, is strictly prohibited and is considered cause for immediate suspension without pay and be subject to disciplinary action up to and including termination, subject to pertinent state and federal employment law. Such misuse shall also be reported to law enforcement officials.

6. Searches

When reasonable cause exists, the City of Covington reserves the right to conduct unannounced searches for

- Lockers
- Desks
- File Cabinets
- City Vehicles and Equipment
- Stationary Containers

All searches must be authorized and conducted under the direction of the City's Police Department. Searches will be limited to a search that would be sufficient to locate the item(s) being sought. Employees who refuse to cooperate during such unannounced searches of city property shall result in immediate suspension without pay and be subject to disciplinary action, up to and including termination, subject to pertinent state and federal employment law.

7. CONSEQUENCES OF ENGAGING IN PROHIBITED CONDUCT - ALCOHOL

The first time an employee, as a result of a random, reasonable suspicion, follow-up or post-accident test is found to have an alcohol concentration between 0.02 and 0.039, disciplinary action up to and including, subject to pertinent state and federal employment law, termination; will be administered, depending upon the circumstances, including the employee's willingness to voluntarily resolve any medical or psychological condition relating to the employee's conduct and to seek evaluation, counseling and possible treatment or rehabilitation for <u>alcohol</u> related abuse.

Any second offense, in which the employee's test for alcohol indicates a concentration above 0.02, is considered, grounds, and will result in immediate suspension without pay and be subject to disciplinary action, up to and including termination, subject to pertinent state and federal employment law.

8. CONSEQUENCES OF ENGAGING IN PROHIBITED CONDUCT - DRUGS

Any employee who engages in prohibited conduct for drugs or controlled substances and whose random, reasonable suspicion, post-accident, or follow-up test result indicates a non-medical, or any other irrelevant biomedical information for the positive result as confirmed by the MRO, will result in immediate suspension without pay and be subject to disciplinary action up to and including, subject to pertinent state and federal employment law, termination from employment depending upon the circumstances, including the employees willingness to voluntarily resolve any medical or psychological condition relating to the employee's conduct and to seek evaluation, counseling, and possible rehabilitation for the abuse of controlled substances.

9. CONSEQUENCES OF ENGAGING IN PROHIBITED CONDUCT - VOLATILE SUBSTANCES

Any employee who engages in prohibited conduct for volatile substances as described elsewhere in this policy will result in immediate suspension without pay and be subject to disciplinary action up to and including,

subject to pertinent state and federal employment law immediate termination of employment depending on the circumstances, including the employees willingness to voluntarily resolve any medical or psychological condition relating to the employee's conduct and to seek evaluation, counseling and possible treatment or rehabilitation for the abuse of volatile substances.

10. <u>CONSEQUENCES OF REFUSAL TO SUBMIT TO AN ALCOHOL OR CONTROLLED SUBSTANCE TEST</u>

An employee is considered to have refused to submit to testing when he or she:

- Fails to appear for any test within a reasonable time.
- Engages in conduct that clearly obstructs the testing process.
- Fails to provide a urine specimen for drug testing or a breath specimen for alcohol
- Fails to provide enough urine for drug testing or an adequate amount of breath for alcohol testing and there is no medical explanation for the failure to produce.
- In the case of directly observed or monitored drug test collection, the employee submitting the specimen fails to permit the observation or monitoring of his or her provision of the specimen.
- Fails to or declines to take a second drug test when directed by an employer or collector.
- Fails to undergo a medical examination or evaluation as directed by the MRO as part of the verification process.
- Fails to cooperate with any part of the testing process.

Failure to submit to an alcohol or controlled substance test as described above will result in, immediate suspension without pay and be subject to disciplinary action, up to and including, termination subject to pertinent state and federal employment law,.

A judgment of "refusal to submit" will not apply to pre-employment testing, unless the applicant has begun the testing process and leaves or engages in conduct that clearly obstructs the testing process.

11. OFF DUTY ALCOHOL, DRUG USE AND/OR VOLATILE SUBSTANCE INTENTIONAL MISUSE AND CALL BACK.

In no way, is it the intention of the City of Covington to interfere in the private lives of its employees. However, all employees should be aware that an employee's off-duty use of alcohol, illegal use of controlled substances, intentional misuse of prescription drugs or intentional misuse of volatile substances as described in this policy which result in excessive absenteeism, tardiness, or poor work performance will result in immediate suspension and be subject to discipline, up to and including, subject to pertinent state and federal employment law, termination of employment. Such employees may be subject to counseling or treatment through the City's Employee Assistance Program.

The drug, alcohol, intentional misuse of prescription drugs and the intentional misuse of volatile substance prohibitions apply to employees who are paid on-call for any special operation exhibiting a likelihood of requiring an employee to report to work (i.e. snow and ice removal). An employee who is called back to work to perform duties involving a heightened safety awareness level (HSAL) must report any:

- Off duty use of alcohol in the prior four hours
- Medically prescribed use of a controlled substance

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An employee who is aware of a possible paid callback situation that may be reasonably expected, who

engages in the off-duty use of alcohol, the illegal use of controlled substances or the intentional misuse of volatile substances will be subject to disciplinary action.

12. EMPLOYEE ASSISTANCE PROGRAM

Alcoholism and controlled substance addiction are recognized as diseases responsive to proper treatment. The City of Covington provides a level of care through its Employee Assistance Program (EAP) provided by St. Elizabeth Employee Assistance Program. Any employee wishing to voluntarily seek assistance with drug/alcohol problems may contact the EAP at:

1 800 436-9300 or 859 301-2570

All employees of the City of Covington are <u>strongly encouraged</u> to <u>voluntarily</u> contact the Employee Assistance Program if they believe they have a problem with drug or alcohol abuse.

Other resources for information:

1	800 356-9996	A1 - Aanon
1	800 527-5344	American Council on Alcoholism
1	800 662-4347	Center for Substance Abuse Treatment
1	800 967-5752	Drug Free Workplace Helpline

If an employee covered by this policy has been identified by a Substance Abuse Professional (SAP) as needing assistance in resolving problems associated with alcohol or controlled substances, the employee will be subject to follow-up testing as prescribed elsewhere in this policy. The SAP shall be either a licensed physician, certified psychologist, social worker, employee assistance professional or addiction counselor.

Employees who voluntarily report a substance abuse problem prior to being required to take a controlled substance or alcohol test as defined in this policy, will not be subject to disciplinary action if they voluntarily and conscientiously seek substance abuse assistance and agree to a treatment plan. However, such an employee must understand that if the problem is not corrected and satisfactory job performance is not maintained, he or she will be immediately suspended without pay and subject to disciplinary action, up to and including termination, subject to pertinent state and federal employment law.

Failure to seek such assistance, or failure to abide by the terms of the treatment plan, shall be grounds for termination. Upon voluntarily reporting a substance abuse problem, the employee will be required to sign a Substance Abuse Treatment Plan/Return to Work Agreement Form that will further define conditions of continued employment.

The St. Elizabeth Employee Assistance Program provides services to employees of the City of Covington, regardless of race, color, religion, national origin, disability, sex or age.

13. RECORDS RETENTION, RELEASE AND CONFIDENTIALITY

The City shall maintain records of activities related to these Drug Free Workplace policies and procedures.

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All employee records regarding drug or alcohol testing are considered confidential and will be kept under

controlled access, separate and apart from the employees standard personnel file.

Employee records may not be released except upon written request or release by the employee, the release is ordered by a court or tribunal of competent jurisdiction or the release is to be used in a proceeding related to a benefit sought by the employee, such as worker's compensation or unemployment insurance.

The City shall maintain records and documents of all alcohol and drug test results, schedules for follow-up tests and records relating to evaluation and referrals. These records shall be maintained for a period of at least five (5) years. The City shall provide test result information or other pertinent information relating to an applicant or existing employee's alcohol or controlled substance tests upon the applicant or existing employee's written request, and shall do so within five (5) working days of being notified of the employee's request.

14. CITY FINANCIAL ASSISTANCE

The City will pay for all conducted tests as described in this policy except for a second controlled substance test (if requested by the employee) when that test confirms the initial test to be positive. Employees may utilize all service benefits available through the City's Employee Assistance Program (EAP) as described elsewhere in this policy. However, any other services that may be required by a Substance Abuse Professional which are not covered through the EAP will be at the expense of the employee being treated.

15. DRUG FREE WORKPLACE POLICY ADMINISTRATION AND ENFORCEMENT

It shall be the responsibility of the Human Resources Department to administer and enforce this policy. This policy and its programs are not to be interpreted or modified by any other city supervisor or department head.

16. RESPONSIBILITY

While it is ultimately the City's legal, ethical and moral responsibility to create and maintain a safe and healthful workplace for its employees, for others who make use of the City's facilities, and for the general citizenry of the City of Covington who may have business with the City; it is also true that safety is everyone's responsibility.

Accordingly, every employee has an obligation to report violations of this policy to his/her immediate Supervisors, Department Heads or to the City Risk Manager in order to maintain a safe and healthful work environment for themselves, for their fellow employees and for the public-at-large. All Supervisors and Department Heads are responsible for the drug and alcohol-free operation of their respective departments.

The City of Covington may, subject to mutual agreement with each respective bargaining units change, modify, amend or rescind all or part of this policy at any time that deals with the actual administration of the policy itself. However, changes may not be made to the policy that would circumvent any requirements associated with 803 KAR 25:280.

CITY OF COVINGTON CERTIFICATION OF ACKNOWLEDGEMENT DRUG & ALCOHOL-FREE WORKPLACE POLICIES AND PROCEDURES

I, the undersigned, acknowledge that I have been presented with and read a copy of the City of Covington, Kentucky's policy and procedures regarding a Drug & Alcohol-Free Workplace, and understand these policies and procedures as presented. I accept and understand that following these policies and procedures is a condition of my continued employment with the City of Covington. I further understand that I will be required to annually attend certain training programs on substance abuse awareness.

Signature:		
Name:		
	(Please Print)	
Date:		

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CITY OF COVINGTON, KENTUCKY DRUG FREE WORKPLACE SUBSTANCE ABUSE AWARENESS SUPERVISOR TRAINING CERTIFICATION

AWARDED TO

In recognition of completion of the Alcohol and Substance Abuse Awareness Training Program For Supervisors

Presented by

Risk Manager

Date

CITY OF COVINGTON, KENTUCKY DRUG & ALCOHOL-FREE WORKPLACE POLICY OBSERVED BEHAVIOR/REASONABLE SUSPICION FORM

This form shall be completed and signed by the person suspecting another employee of controlled substance and/or alcohol abuse during working hours, on City property, off City property while working on City business. It is extremely important that <u>all signs and symptoms</u> be checked which apply. Add any other pertinent information which applies in the space provided on page two (2). This form is to be reviewed by the employee's supervisor/department director to determine if reasonable suspicion testing is warranted. The suspecting employee and his/her supervisor shall sign, date and forward the form to the Risk Manager for further consideration/investigation.

NOTE: DO NOT DISCUSS ANOTHER EMPLOYEE'S SUSPECTED DRUG/ALCOHOL USAGE WITH THAT EMPLOYEE UNLESS THREIR ACTIONS DIRECTLY AFFECT YOUR PERSONAL SAFETY OR THE SAFETY OF OTHERS. IN ALL CASES, IT IS THE RESPONSIBILITY OF THE EMPLOYEE'S SUPERVISOR, DEPARTMENT DIRECTOR OR THE RISK MANAGER TO DEAL DIRECTLY WITH THE SUSPECTED EMPLOYEE.

Physical Signs or Symptoms

1.	Possessing, dispensing, selling, or using prohibited substances
2.	Slurred or incoherent speech
3.	Unusual, unsteady gait or other loss of physical control, poor coordination
4.	Dilated or constricted pupils or unusual eye movement
5.	Bloodshot or watery eyes
6.	Obvious extreme fatigue or sleeping on the job
7.	Excessive sweating or clamminess of skin
8.	Flushed or very pale face
9.	Highly excited or nervous
10	Recurrent nausea or vomiting
11	Odor of marijuana
	Odor of alcohol on breath
13	Disheveled appearance or out of uniform
	Dry mouth (frequent swallowing/lip wetting)
	Unusual shaking hands or body tremors/twitching
16	Breathing Irregularity or difficulty breathing
17	Runny nose or sores around nostrils <u>not</u> associated with other respiratory infection
18	Puncture marks or "tracks"
19	Inappropriate wearing of sunglasses or of long sleeve garments
20	Other (please specify)
General J	ob Performance
1.	Excessive unauthorized absences – (number in last 12 months)
2.	Frequent Monday/Friday absences or other unusual attendance patterns
3.	Increase in concern about, or actual incidents of safety offences involving the employee (cite
4	examples on back of sheet)
4.	Inability to follow through on job performance recommendations
5.	Other (please specify

Personal Matters Change in or unusual speech (incoherent, stuttering, loud) Changes in or unusual physical mannerisms (gestures, postures) Changes in or unusual level of activity: much reduced or increased 4. Increasingly irritable or tearful 5. Unpredictable or unusual out-of-context displays of emotion 6. Episodes of unusual fear or paranoia 7. Lacks appropriate caution 8. Engages in detailed discussion about obtaining, selling or using drugs 9. Makes unfounded accusations toward others, has feelings of persecution 10. ____ Secretive or furtive 11. Memory problems (difficulty recalling instructions, data, past behaviors) 12. Makes unreliable or false statements 13. ____ Unrealistic self-appraisal or grandiose statements 14. Temper tantrums or angry outbursts 15. ____ Major change in physical health with no known cause 16. Other (please specify) Written Summary Please summarize the facts and circumstances of the incident, employee response, supervisor actions taken, and any other pertinent information not previously noted. Please attach any additional documentation related to this reasonable suspicion of the use controlled substances or alcohol.

Date/Time

Date/Time

Date/Time

Date /Time

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Suspecting Person's Signature

City Risk Manager's Signature

City Human Resources Director

Supervisor's Signature

APPENDIX D

CITY OF COVINGTON, KENTUCKY DRUG & ALCOHOL-FREE WORKPLACE POLICY CONTROLLED SUBSTANCE OR ALCOHOL ABUSE TREATMENT PLAN CONDITIONS OF CONTINUED EMPLOYMENT RETURN-TO-WORK AGREEMENT

I, the undersigned, am aware of the Drug & Alcohol-Free Workplace Policy of the City of Covington, Kentucky arising out of the commitment of the City of Covington, Kentucky to provide a safe workplace for all of its employees and to protect the safety and welfare of all of its citizens. I understand and agree that this commitment is in the best interest of the City of Covington, all employees of the City and the community of Covington, Kentucky as a whole.

I further understand that the City has an interest and investment in all of its employees, however, each employee is expected to perform safely and satisfactorily in his/her assigned position and that this cannot be accomplished if a person is under the influence of or is dependent upon controlled substances or alcohol. I understand that I must abide by all conditions of the treatment plan as determined by the City's Employee Assistance Program. I understand that any treatment costs other than for those services provided by the Employee Assistance program are my sole responsibility. I understand that failure to abide with any aspect of the treatment plan will result in my immediate termination. I understand that my return-to-work is conditioned upon the following:

- I understand that if I am holding a Heightened Safety Awareness Level Position I must, at all times, report and validate any
 prescription drug or over-the-counter drug that I may be taking to my supervisor prior to starting back to work.
- 2) I understand that I will be subject to and required to submit to unannounced controlled substance and/or alcohol testing for a period of at least twelve (12)-months after resuming my duties. Any positive test will result in my immediate termination.
- 3) I understand that at the City's request, I may be required to submit to interviews and/or evaluation by the professional staff at an appropriate chemical dependency treatment facility approved by the City's Employee Assistance Program (EAP).
- 4) I understand that I must maintain satisfactory work performance, and that my attendance must be satisfactory. If my performance or attendance is unsatisfactory, I understand that my supervisor will discuss the problem with me, but if the problem continues, I will be subject to disciplinary action up to and including termination from employment.
- 5) I understand that if my suspension from work was a result of an admitted or otherwise determined substance abuse or alcohol dependency, that in addition to the above listed stipulations, I must deliver weekly verification to the City Risk Manager that the treatment is on-going until such time that I am fully released from treatment and bring proof of such release to the City Risk Manager. After I am fully released from treatment, unless and until I bring a statement from a physician, or a Substance Abuse Professional who was involved in my treatment, that continuing participation in a support group is not needed, I must participate in a support group and bring weekly verification to the City Risk Manager of such participation. I understand that failure to provide weekly verification, or if a repeat occurrence of substance abuse or violation of any other aspect of the City's Drug & Alcohol–Free Workplace Policy will result in my immediate termination from employment with the City of Covington.

Comments or other stipulations by the City Human Resources Director:

Employee Signature	Date	Typed/Printed Name of Employee
Witness Signature	Date	Typed Printed Name of Witness